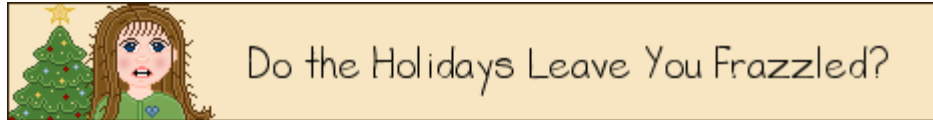


8 Weeks to a Frazzle Free Christmas!



8 Weeks to a Frazzle Free Christmas



Every year I promise myself that I won't let things go until the last minute and all of our Christmas preparations will be done a full two weeks before Christmas. I have visions of a calm happy family gathered around the fire place enjoying life and each other with no worries or stress. And for some reason, every year, I fail. Partly because of overconfidence (there really is not that much to do) and partly because after the realization sets in, I become overwhelmed with how much there really is to do.

So I vow to make this year different. No more frantically running around at the last minute for that one forgotten gift and no more wrapping presents on Christmas Eve. I have a plan; a plan that begins on October 19th and ends on December 13th, with everything done almost a full two weeks before Christmas.

If you are like me and want to reclaim your family life during the holidays and find time to enjoy them and not dread them, join me in our 8 Week Plan to a Frazzle Free Christmas. Once you download the e-book you can either work the daily or weekly do-lists on your own and at your own pace or if you prefer you can follow along with others using one of these methods:

- Subscribe to our [Frazzle Free Newsletter](#) and receive automatic daily reminders, do lists, and checklists delivered to your email inbox
- Join our [Facebook page](#) and follow along with daily updates
- Join our [forum](#) and follow along with daily updates in the Frazzle Free thread
- Follow us on Twitter [@familiespurpose](#) using the tag #frazzlefree

Our 8 Week Plan begins on October 19th and is broken down into 4 individual segments - Getting Organized, Scratching Things Off Our List, Winding Down, and Finishing Up. Our goal is to allocate 15 - 30 minutes everyday during the 8 weeks to accomplishing something on our list. The nature of some things will allow us to get them done in one setting; other items will require more time and won't be completed until after a few days. Maintain focus and have trust in the plan. It will get done!

8 Weeks to a Frazzle Free Christmas

Weeks 1 -3 Get Organized

Do List for Weeks 1 - 3

- ❖ Make a list of people on your gift list
- ❖ Set your holiday spending budget
- ❖ Finalize your Thanksgiving plans
- ❖ Plan your family traditions
- ❖ Create and finalize the Christmas menus
- ❖ Make Christmas travel plans and reservations
- ❖ Make a Christmas card list
- ❖ Start a Buy list
- ❖ Schedule all appointments
- ❖ Buy Christmas cards, stamps, and labels

Week 1 - Gift List, Buy List, Thanksgiving Plans, Print off Printables

Our goal this week is to make our holiday gift list (people we are Buying for - not what we are Buying them), begin a Buy list of things we will need (wrapping paper, Christmas cards, decorations, etc), make Thanksgiving plans, update our family calendar, and print off the 8 week plan and other printables.

Week 1 - Day 1 - Monday, October 19th

- ◆ Print off the 8 week plan and all the printables. Staple them and place in a folder.
- ◆ Start the dialogue (i.e. make a phone call, send an email, discuss over dinner) with family members about Thanksgiving plans.
- ◆ Get your [family calendar](#) updated with all the latest activities, appointments, and everyone's events. The goal is to have your calendar completely updated by Day 6. Not sure about some commitments? Then start placing calls or sending emails to finalize the plans. Do not forget to include things like school or church plays, sporting games, classroom, work, or social parties, and the school vacation schedule.

8 Weeks to a Frazzle Free Christmas

Weeks 1 -3 Get Organized

Week 1 - Day 2 - Tuesday, October 20thst

- ◆ Start your Christmas gift list by listing all of the people you will need to Buy or make gifts for this year. Don't forget people like your hair dresser, your children's teachers, doormen, co-workers, cleaning ladies, neighbors, and special friends.
- ◆ Continue making your Thanksgiving plans. Place another call, send another email, check airline rates, etc.
- ◆ Continue to update your family calendar.

Week 1 - Day 3 - Wednesday, October 21st

- ◆ Continue working on adding people to your gift list
- ◆ Start your Christmas "Buy list". Begin writing down things you will need for the holidays like wrapping paper, Christmas cards, stamps, address labels, tape. The list does not need to be complete. Just write down the obvious things. We will continue to add to the list over the weeks.
- ◆ Continue making your Thanksgiving plans. Place another call, send another email, check airline rates, etc.
- ◆ Continue to update your family calendar.

Week 1 - Day 4 - Thursday, October 22nd

- ◆ Continue work on your gift and Buy list
- ◆ Continue making your Thanksgiving plans. Place another call, send another email, check airline rates, etc.
- ◆ Continue to update your family calendar.

Week 1 - Day 5 - Friday, October 23rd

- ◆ Finalize your Thanksgiving plans and all reservations you may need for the holiday.
- ◆ Finalize your gift list. Next week we will start adding ideas for gifts.
- ◆ Continue to update your [family calendar](#).

8 Weeks to a Frazzle Free Christmas

Weeks 1 -3 Get Organized

Week 1 - Day 6 - Saturday, October 24th

- ◆ Set a holiday spending budget. If possible take a look at what was spent in previous years and adjust from there if necessary. Remember to include things like Christmas outfits, your Buy list, decorations, Christmas cards, gifts, travel costs, and food.
- ◆ Finalize your family calendar. Make sure all important dates have been added.
- ◆ Get prepared for next week by looking ahead at our Week 2 plans. Start to gather any papers or information you may need and look through your calendar for the week. Where will you be next week? Do you spend most of your time outside the home working in an office environment? If so, then place your Christmas planning folder in your briefcase or car, so that you have it handy to work on next week. Spend a lot of time next week shuttling kids to activities? Then place your Christmas folder in your purse or in your car so you have it handy while waiting for kids to finish their activities. Plan on taking advantage of your few free moments to get something on your list done.
- ◆ Discuss as a family the family activities and [Christmas traditions](#) that you will enjoy this year. If your family celebrates Advent, it begins on November 29th, so discuss any special [Advent family activities](#) that will be done during this time. Get them scheduled on your family calendar.

Week 1 - Day 7 - Sunday, October 25th

- ◆ Take a break from planning and organizing and enjoy your family.

8 Weeks to a Frazzle Free Christmas

Weeks 1 -3 Get Organized

Week 2 - Gift List, Buy List, Appointments, Christmas Card List

Our goal this week is to start work on getting more specific with our gift list, continuing to update our Buy list, schedule appointments, plan our Christmas traditions, and begin our Christmas card list.

Week 2 - Day 8 - Monday, October 26th

- ◆ Make a list of appointments that will need to be made for November and December. Hair appointments, doctor appointments, visit/breakfast with Santa appointments, picture appointments, carpet cleaning, etc. If you are planning on having professional pictures taken to include in your Christmas cards, schedule the appointment no later than November 7th. You will need time to get the photos developed or made into cards. Also, don't forget babysitters. Need a sitter for the office party or New Year's Eve party? Book them now! Teenagers are very busy these days and getting on their calendars can be a challenge. Try and get all of your appointments written down because tomorrow we will start scheduling them.
- ◆ Need outfits for your Christmas photographs? Then plan which day this week you will buy them and where. You will need them for next week's appointment with the photographer. Don't need any special outfits for the photographs? Then this can wait until later. Go ahead and skip it for now.
- ◆ Now that we have a list of people we need to Buy for done, we need to start listing specific ideas for gifts. Using the gift list included in the e-book, begin writing down your ideas and any requests that you have already received from eager children. Do not forget to include ideas for yourself. It will make it easier on your spouse and other family members if you can provide them with some ideas.

8 Weeks to a Frazzle Free Christmas

Weeks 1 -3 Get Organized

Week 2 - Day 9 - Tuesday, October 27th

- ◆ Grab your [family calendar](#) and start scheduling the appointments. The goal is to have them all scheduled by the end of the week.
- ◆ Continue adding gift ideas to your list. Encourage your children to start thinking about what they want for Christmas.
- ◆ Start your Christmas card list. Using either the list included in this book or your address book. If you already have a paper address book, go through and with a red or green dot, mark the people you will be sending Christmas cards to this year. If your address book is electronic, most electronic address books allow you to place your contacts into "categories". Go through your electronic address book and add all of your Christmas card people to a Christmas card category. No address book? Then begin a list using the printable in this book.

Week 2 - Day 10 - Wednesday, October 28th

- ◆ Continue scheduling appointments
- ◆ Continue adding gift ideas. Having trouble coming up with ideas? Visit [Amazon](#) for a few ideas by reading through the lists of the book, toy, and gift bestsellers or visit the Toy Industry Association's [Toy of the Year Award Winners](#).
- ◆ Continue making sure your Christmas card list is up to date and complete. Be sure you have the latest addresses, so you aren't scrambling at the end to get your cards mailed.

Week 2 - Day 11 - Thursday, October 29th

- ◆ Start planning the family activities you discussed with your family last week. What supplies will you need? When will they be done? Do you need to make any reservations? If so, add them to your appointment list. Start making notes on your Family Activity planner and be sure they are scheduled on your family calendar.
- ◆ Continuing scheduling your appointments and reservations. You should try and be done with this by the end of this week.
- ◆ Continue adding to your gift list.

8 Weeks to a Frazzle Free Christmas

Weeks 1 -3 Get Organized

Week 2 - Day 12 - Friday, October 30th

- ◆ Are your Christmas cards, stamps, and labels on your Buy list? If not, now is the time to add them.
- ◆ Add any supplies you need for your family activities to your Buy list. If you will be doing any baking for your activities, add the items you will need to your grocery list.
- ◆ Try and finish up making your appointments and reservations.

Week 2 - Day 13 - Saturday, October 31st

- ◆ Finish making any remaining appointments/reservations.
- ◆ Finalize your Christmas card list complete with updated addresses.
- ◆ Finish up plans for your family activities. Make sure all reservations are made and supplies added to your Buy list or grocery list.
- ◆ Next week we are working on getting Christmas photographs taken. If you haven't already done so, schedule any appointments with professional photographers for next week. Doing the photo's by yourself? Decide now what everyone will be wearing and where you will take the photograph.
- ◆ Get prepared for next week by looking ahead at our Week 3 plans. Start to gather any papers or information you may need and look through your calendar for the week.

Week 2 - Day 14 - Sunday, November 1st

- ◆ Take a break from planning and organizing and enjoy your family.

8 Weeks to a Frazzle Free Christmas

Weeks 1 -3 Get Organized

Week 3 - Christmas Cards, Family Plans, Decorations, Menus, and Buy List

Our goal this week is to get our [Christmas cards, stamps](#), and [labels](#) bought, complete an inventory of our Christmas decorations, plan our holiday menus, and finish up our Buy list.

Week 3 - Day 15 - Monday, November 2nd

- ◆ Start thinking about where you will be buying your Christmas cards. If buying at a local store, then add a trip to the store to your calendar this week to get them bought. If buying on-line, start looking over your choices on-line at your favorite on-line source.
- ◆ Continue adding gift ideas to your gift list.
- ◆ Begin discussing with family members your Christmas plans. Who will be hosting dinner? Where are we going Christmas Eve? What food dishes do I need to prepare? The goal is to have your Christmas plans settled by the end of this week, so you can finalize your menu for the holiday.

Week 3 - Day 16 - Tuesday, November 3rd

- ◆ Continue thinking over your Christmas card choices. If you are making photo cards, start looking through the pictures you will want to use for the card.
- ◆ Stop at the Post Office or order stamps [on-line](#) for the cards. Or if you want to make your cards extra special, you can have [personalized stamps](#) made with a family photo.
- ◆ Will you be mailing gifts this year? Pick up some extra boxes at while at the Post Office for mailing. Priority Mail boxes are free at any post office or you can order them for free [on-line](#).
- ◆ Continue Christmas plan discussions with family members (place a call, send an email, talk with spouse)

8 Weeks to a Frazzle Free Christmas

Weeks 1 -3 Get Organized

Week 3 - Day 17 - Wednesday, November 4th

- ◆ Order or buy your Christmas cards.
- ◆ Buy or order any labels or stationery (if you do a family letter) you will need for your cards.
- ◆ Start working on your holiday menu. By now you should have a general direction of where you and your family will be for the holidays. As well as what food dishes you are expected to prepare. Start adding these dishes to your menu.

Week 3 - Day 18 - Thursday, November 5th

- ◆ If you haven't already done so, buy or order your Christmas cards. Next week we will start addressing them. Don't forget your [stamps](#), [labels](#), and stationery.
- ◆ Finalize your family plans for the holiday (place another call, send an email, talk with your spouse)
- ◆ Continue working on your menu. Be sure to add any baked goods you are making like cookies, pies, breads, etc.

Week 3 - Day 19 - Friday, November 6th

- ◆ Finalize your menu and add your ingredients to the Buy list. You may need to read through recipes and go through your cupboards to complete this, but be sure to get this done. It will help tremendously!
- ◆ Start to remember where you put the Christmas decorations last year. You will need to know for tomorrow's job.

8 Weeks to a Frazzle Free Christmas

Weeks 1 -3 Get Organized

Week 3 - Day 20 - Saturday, November 7th

- ◆ Finalize your menu and add all ingredients to your Buy list.
- ◆ Take and order any photo's you will need for the cards.
- ◆ Take a quick inventory of your Christmas decorations and add any decorations you will need to your Buy list. This may sound like a big job, but it doesn't need to be if you set a 1 hour time limit. Find a spot in your basement, attic, spare bedroom, or corner somewhere in your house and look through your decorations. Set a timer for 1 hour and stop when it is up. Things to look for are broken lights that need replaced, low supply of ornament hooks, stockings with holes, broken tree stands, low or broken tree bulbs, burnt out candles, etc. Add any thing you need to buy or replace to your Buy list. Remember, only spend an hour on this and stay focused! This shouldn't turn into an all day job.
- ◆ Get prepared for next week by looking ahead at our Week 4 plans. Start to gather any papers or information you may need and look through your calendar for the week.

Week 3 - Day 21 - Sunday, November 8th

- ◆ Take a break from planning and organizing and enjoy your family.

8 Weeks to a Frazzle Free Christmas

Weeks 4 - 6

Scratching Things off Our List

Do List for Weeks 4 - 6

- ❖ Finish our gift list
- ❖ Write and address Christmas cards and family letter
- ❖ Schedule our Christmas shopping days
- ❖ Start our gift shopping
- ❖ Purchase Christmas outfits
- ❖ Begin Christmas baking
- ❖ Decorate outside and inside

Week 4 - Gift List, Christmas Cards, Shopping, Christmas Outfits, Baking

This week we will finish our gift list, start addressing Christmas cards, write our family letter, schedule our shopping days, start thinking about Christmas outfits, and begin our holiday baking.

Week 4 - Day 22 - Monday, November 9th

- ◆ For the remaining 5 weeks we will be pre-making or pre-baking something off of our Christmas meal list. So today, choose one item off of that list that can be pre-made (i.e. casseroles) or pre-baked (cookies, pies, breads) and frozen. Either add the ingredients you will need for this item to your regular grocery list or attach your Meal Buy List to your regular grocery list.
- ◆ Start to finalize your gift list. Make sure you have gotten all of the ideas from your kids and spouse and have added them to your list. To avoid any last minute mind changes, have the kids write a [letter to Santa](#) with their list and tell them that Santa needs to know early what they need, so that he can make sure he has enough made. If you want to seal the deal, think about sending a letter back to them from Santa. If your family does Secret Santa exchanges get this done this week by using the on-line Secret Santa service available at <http://www.elfster.com/>. It's completely free and easy to use. All you need is the email addresses of everyone participating in the Secret Santa exchange.

8 Weeks to a Frazzle Free Christmas

Weeks 4 - 6

Scratching Things off Our List

Week 4 - Day 23 - Tuesday, November 10th

- ◆ Continue finishing off your gift list! We want this done by Saturday, the 14th.
- ◆ Do you include a family letter with your Christmas cards? Then today, you need to get it started. Begin by printing off a copy of last year's and thinking about what you will write this year. Not in the mood to write this year? Think about asking one of your children to write the letter. It is a great writing exercise and people love getting and reading the letters from kids. It is always interesting and funny to read about your life through the eyes of a child.
- ◆ Sign and address 5 Christmas cards.

Week 4 - Day 24 - Wednesday, November 11th

- ◆ Continue finalizing your gift list and completing your Secret Santa name exchanges.
- ◆ Sign and address 5 Christmas cards.
- ◆ Finish writing your family letter (if you are doing one). Print and make copies.
- ◆ Schedule your designated Christmas shopping days on your family calendar or planner. To determine how many days you will need, take a look at how many gifts you need to Buy, how many different stores you need to go to Buy them, and how much on-line shopping you will be doing (you should be able to use your gift list to make these decisions). The greater the number of gifts and the more stores you need to go to will require you allocate more time and days to shopping. If you buy a lot of toys for Christmas, consider buying them on-line [Families with Purpose](#), [Amazon](#), [Wal-Mart](#), and [Toys R Us](#). You can get some incredible deals on shipping this time of year, making on-line shopping affordable and a breeze.
- ◆ If you didn't need outfits for family photographs, start thinking about and researching on-line the kids' Christmas outfits. You can see what's available by going to the websites of your local stores.
- ◆ Buy at least one non-meal item off of your Buy list.

8 Weeks to a Frazzle Free Christmas

Weeks 4 - 6

Scratching Things off Our List

Week 4 - Day 25 - Thursday, November 12th

- ◆ Sign and address 5 Christmas cards.
- ◆ Buy at least one non-meal item off of your Buy list.
- ◆ Continuing working on your gift list and Secret Santa exchange

Week 4 - Day 26 - Friday, November 13th

- ◆ Sign and address 5 Christmas cards.
- ◆ Buy at least one non-meal item off of your Buy list.
- ◆ Continuing working on your gift list and Secret Santa exchange
- ◆ Do any remaining research you need for Christmas outfits. Add any notes you need to your Buy list.

Week 4 - Day 27 - Saturday, November 14th

- ◆ Pre-make or pre-bake the one meal item for this week.
- ◆ Make any last changes or additions to your gift list.
- ◆ Sign and address 5 Christmas cards
- ◆ Look at your Christmas menu and decide what you will be pre-making or pre-baking next week. Add the ingredients you will need to your grocery list.
- ◆ Do you have a shopping day scheduled for next week? Make sure you have your plans, lists, and child care arranged and ready.
- ◆ Get prepared for next week by looking ahead at our Week 5 plans. Start to gather any papers or information you may need and look through your calendar for the week.

Week 4 - Day 28 - Sunday, November 15th

- ◆ Take a break from planning and organizing and enjoy your family.

8 Weeks to a Frazzle Free Christmas

Weeks 4 - 6

Scratching Things off Our List

Week 5 - Gift Shopping, Baking, Christmas Cards, Outside Decorating

This week we begin gift shopping and continue making purchases off of our Buy list. We also continue addressing Christmas cards, pre-make or pre-bake one Christmas dish, and get our outside decorating done. The last day of this week is set aside for outside decorating. Because this tends to be a big job for most families, I recommend not waiting until Saturday to pre-make one of your Christmas dishes. Choose which day works best for you this week to make the dish. I have added reminders every day to help you remember.

Week 5 - Day 29 - Monday, November 16th

- ◆ Sign and address 5 Christmas cards.
- ◆ Start your on-line gift shopping today. Go through your list and choose one on-line store that you need to order from and place that order today.
- ◆ Purchase one thing off of your Buy list. Place priority on anything you will need for outside decorating.
- ◆ Optional: Pre-make or pre-bake one thing off your Christmas menu (choose which day this week works best for you)

Week 5 - Day 30 - Tuesday, November 17th

- ◆ Sign and address 5 Christmas Cards.
- ◆ Make one on-line gift purchase.
- ◆ Purchase one thing off of your Buy list. Place priority on anything you will need for outside decorating.
- ◆ Optional: Pre-make or pre-bake one thing off your Christmas menu (choose which day this week works best for you)

Week 5 - Day 31 - Wednesday, November 18th

- ◆ Sign and address 5 Christmas Cards.
- ◆ Make one on-line gift purchase.
- ◆ Purchase one thing off of your Buy list. Place priority on anything you will need for outside decorating.
- ◆ Optional: Pre-make or pre-bake one thing off your Christmas menu (choose which day this week works best for you)

8 Weeks to a Frazzle Free Christmas

Weeks 4 - 6

Scratching Things off Our List

Week 5 - Day 32 - Thursday, November 19th

- ◆ Sign and address 5 Christmas Cards.
- ◆ Make one on-line gift purchase.
- ◆ Purchase one thing off of your Buy list. Place priority on anything you will need for outside decorating.
- ◆ Optional: Pre-make or pre-bake one thing off your Christmas menu (choose which day this week works best for you)

Week 5 - Day 33 - Friday, November 20th

- ◆ Get your outside decorations out from storage and place them in the garage.
- ◆ Sign and address 5 Christmas Cards.
- ◆ Make one on-line gift purchase.
- ◆ Purchase one thing off of your Buy list. Place priority on anything you will need for outside decorating.
- ◆ Optional: Pre-make or pre-bake one thing off your Christmas menu (choose which day this week works best for you)

Week 5 - Day 34 - Saturday, November 21st

- ◆ Put up your outside decorations, but wait to turn them on until after Thanksgiving (if you can!).
- ◆ Take a look at your Christmas menu and decide which dish you will be pre-making next week. Add it's ingredients to your grocery list.
- ◆ Next Saturday we will be doing our inside decorating, so be sure to make it a priority this week to have all the things you will need for inside decorating off of your Buy list bought before then.
- ◆ Get prepared for next week by looking ahead at our Week 6 plans. Start to gather any papers or information you may need and look through your calendar for the week.

Week 5 - Day 35 - Sunday, November 22nd

- ◆ Take a break from planning and organizing and enjoy your family.

8 Weeks to a Frazzle Free Christmas

Weeks 4 - 6

Scratching Things off Our List

Week 6 - Thanksgiving, Shopping, Inside Decorating, and Christmas Cards

This week we will be celebrating Thanksgiving, continuing our gift shopping, finishing our Christmas cards, and completing our inside decorating. **Have a Happy Thanksgiving!**

Week 6 - Day 36 - Monday, November 23rd

- ◆ Sign and address 5 Christmas cards
- ◆ Pre-make one Christmas dish along with any Thanksgiving dish you need to prepare.
- ◆ Purchase one thing off the Buy list. Placing emphasis on anything you will need for inside decorating.

Week 6 - Day 37 - Tuesday, November 24th

- ◆ Sign and address 5 Christmas cards
- ◆ Pre-make one Christmas dish along with any Thanksgiving dish you need to prepare.
- ◆ Purchase one thing off the Buy list. Placing emphasis on anything you will need for inside decorating.
- ◆ Going Christmas shopping the day after Thanksgiving? Get your gift and Buy list updated with any notes and place it in your purse or in your car.

Week 6 - Day 38 - Wednesday, November 25th

- ◆ Sign and address 5 Christmas cards
- ◆ Pre-make one Christmas dish along with any Thanksgiving dish you need to prepare.
- ◆ Get ready for Thanksgiving

Week 6 - Day 39 - Thursday, November 26th

- ◆ **HAPPY THANKSGIVING!**



8 Weeks to a Frazzle Free Christmas

Weeks 4 - 6

Scratching Things off Our List

Week 6 - Day 40 - Friday, November 27th

- ◆ If you are one of those brave souls that enjoys shopping the day after Thanksgiving, now is the time to get most of your Christmas shopping done. The goal is to have all of our gifts bought by December 3rd.
- ◆ Finish signing and addressing the Christmas cards.
- ◆ Remove all the indoor Christmas decorations from storage and place in a central place. Tomorrow we will decorate.

Week 6 - Day 41 - Saturday, November 28th

- ◆ Put up your indoor decorations.
- ◆ Finish any remaining Christmas cards.
- ◆ Next week we will be finishing up our gift shopping, so be sure to have your list updated and ready to go with any last minute additions or notes.
- ◆ Take a look at your Christmas menu and choose one meal to pre-make or pre-bake this week. Add its ingredients to your grocery list.
- ◆ Finalize any plans, confirm reservations, print off any maps, and organize any supplies for your family activities next week.
- ◆ Get prepared for next week by looking ahead at our Week 7 plans. Start to gather any papers or information you may need and look through your calendar for the week.

Week 6 - Day 42 - Sunday, November 29th

- ◆ Take a break from planning and organizing and enjoy your family.
- ◆ [Advent](#) begins.

8 Weeks to a Frazzle Free Christmas

Weeks 7 - 8 Winding Down

Do List for Weeks 7 - 8

- ❖ Finish our gift shopping
- ❖ Mail Christmas cards
- ❖ Finish our holiday pre-making and pre-baking
- ❖ Wrap and mail presents
- ❖ Finish shopping for any remaining items on our Buy list
- ❖ Enjoy our family

Week 7 - Gift Shopping, Holiday Baking, Wrapping Presents

This week we will finish off our gift shopping and any remaining items on our Buy list. We will continue to pre-make one holiday dish as well as begin wrapping presents.

Week 7 - Day 43 - Monday, November 30th

- ◆ Finish any on-line shopping today. We want everything delivered by next week, so that it can be wrapped.
- ◆ Purchase one thing off of your Buy list.
- ◆ Wrap 5 presents. Placing emphasis on gifts that need mailed.

Week 7 - Day 44 - Tuesday, December 1st

- ◆ Continue your gift shopping. We want all gifts bought or ordered by Saturday.
- ◆ Purchase one thing off of your Buy list
- ◆ Wrap 5 presents. Placing emphasis on gifts that need mailed.

Week 7 - Day 45 - Wednesday, December 2nd

- ◆ Continue your gift shopping. We want all gifts bought or ordered by Saturday.
- ◆ Purchase one thing off of your Buy list
- ◆ Wrap 5 presents. Placing emphasis on gifts that need mailed.

8 Weeks to a Frazzle Free Christmas

Week 7 Winding Down

Week 7 - Day 46 - Thursday, December 3rd

- ◆ Continue your gift shopping. We want all gifts bought or ordered by Saturday.
- ◆ Purchase one thing off of your Buy list
- ◆ Wrap 5 presents. Placing emphasis on gifts that need mailed.

Week 7 - Day 47 - Friday, December 4th

- ◆ Mail your Christmas cards.
- ◆ Continue your gift shopping. We want all gifts bought or ordered by Saturday.
- ◆ Purchase one thing off of your Buy list
- ◆ Wrap 5 presents. Placing emphasis on gifts that need mailed.

Week 7 - Day 48 - Saturday, December 5th

- ◆ Complete your entire gift and Buy list shopping today!
- ◆ Wrap 5 presents. Placing emphasis on gifts that need mailed.
- ◆ Pre-make one Christmas dish.
- ◆ Take a look at your holiday menu and decide which dish you will be pre-making next week. Add it's ingredients to your grocery list. Also add to your grocery list any other ingredients you will need that can be safely stored in your freezer, refrigerator, or cupboard. Try and get all non-perishable food shopping done this week.
- ◆ Finalize any plans, confirm reservations, print off any maps, and organize any supplies for your family activities next week.
- ◆ Next week we will be mailing any gifts that need shipped. Be sure to have them wrapped, boxed, and ready to mail.
- ◆ Get prepared for next week by looking ahead at our Week 8 plans. Start to gather any papers or information you may need and look through your calendar for the week.

Week 7 - Day 49 - Sunday, December 6th

- ◆ Take a break from planning and organizing and enjoy your family.

8 Weeks to a Frazzle Free Christmas

Week 8 Finishing Up

Week 8 - Wrapping Presents, Odds and Ends, and Baking

This is our final week! By the end of this week, we will be ready for Christmas and can relax and enjoy the remaining two weeks until Christmas. This week we finish wrapping presents, tying up loose ends, and finish up our pre-holiday baking.

Week 8 - Day 50 - Monday, December 7th

- ◆ Wrap 5 presents
- ◆ Tie up any loose end not yet completed.
- ◆ Make sure your family traditions, plans, and activities are finalized as well as any supplies you need for them (the supplies should have been on your Buy list) bought.

Week 8 - Day 51 - Tuesday, December 8th

- ◆ Wrap 5 presents
- ◆ Tie up any loose end not yet completed.

Week 8 - Day 52 - Wednesday, December 9th

- ◆ Wrap 5 presents
- ◆ Tie up any loose end not yet completed.

Week 8 - Day 53 - Thursday, December 10th

- ◆ Wrap 5 presents
- ◆ Tie up any loose end not yet completed.

Week 8 - Day 54 - Friday, December 11th

- ◆ Wrap 5 presents
- ◆ Tie up any loose end not yet completed.

8 Weeks to a Frazzle Free Christmas

Week 8 Finishing Up

Week 8 - Day 55 - Saturday, December 12th

- ◆ Wrap any remaining presents
- ◆ Tie up any loose end not yet completed.
- ◆ Pre-make one holiday dish.
- ◆ Add any remaining non-perishable ingredients from your Christmas menu to your grocery list.
- ◆ Finalize any plans, print off any maps, and organize any supplies for your family activities next week.
- ◆ Mail any gifts that need shipped.

Week 8 - Day 56 - Sunday, December 13^h

- ◆ WE ARE DONE!
- ◆ Relax and enjoy the Christmas season with your family!

8 Weeks to a Frazzle Free Christmas

October 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	23
	G e t O r g a n i z e d					
25	26	27	28	29	30	31
	G e t O r g a n i z e d					

November 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
	G e t O r g a n i z e d					
15	16	17	18	19	20	21
	S c r a t c h i n g					
22	23	24	25	26	27	28
	T h i n g s O f f O u r					
29	30					
	L i s t					
Advent Begins						

December 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	
	W i n d i n g D o w n					
6	7	8	9	10	11	12
	F i n i s h i n g U p					
13	14	15	16	17	18	19
	E n j o y i n g F a m i l y					
20	21	22	23	24	25	26
	E n j o y i n g F a m i l y					
27	28	29	30	31		

8 Weeks to a Frazzle Free Christmas

Gift Lists for People Receiving Multiple Gifts (I.e. children, spouses, parents)

Name:

Budget:

Gift	Amount Spent	Where to Buy	Does it need Shipped?

Name:

Budget:

Gift	Amount Spent	Where to Buy	Does it need Shipped?

8 Weeks to a Frazzle Free Christmas

Holiday Menus

Thanksgiving Day	
	Notes
Breakfast:	
Lunch:	
Dinner:	
Appetizers:	
Beverages:	

8 Weeks to a Frazzle Free Christmas

Holiday Menus

Christmas Eve	
	Notes
Breakfast:	
Lunch:	
Dinner:	
Appetizers:	
Beverages:	

8 Weeks to a Frazzle Free Christmas

Holiday Menus

Christmas Day	
	Notes
Breakfast:	
Lunch:	
Dinner:	
Appetizers:	
Beverages:	

8 Weeks to a Frazzle Free Christmas

Holiday Menus

Family Get Togethers/Parties	
	Notes
Breakfast:	
Lunch:	
Dinner:	
Appetizers:	
Beverages:	

8 Weeks to a Frazzle Free Christmas

Christmas Card List

Name	Address	Notes	✓ Done

8 Weeks to a Frazzle Free Christmas

Family Activity and Tradition Planner

Family Activity/Tradition	Date	Need Reservations? (Yes/No)	Supplies	Notes