

Conquering the Chaos Part III - Creating a Family Schedule that Works

This printable was designed as part of our *Conquering the Chaos* series. Use this printable to create a family schedule that best meets the needs of your family. Here is a quick summary of how to use this printable. You can visit the FamiliesWithPurpose.com blog for the entire *Conquering the Chaos* series and for complete instructions.

Instructions

Set anchor points to your day. These are the ideal start and end times of each day.

Prioritize all of your family activities or buckets into three groups, high priority items or the "must do's", medium priority items or the "should do's" and low priority items.

Assign time each day or week for each family life activity or bucket using the anchor points of each day as a guide.

EXAMPLE ONLY - Smith Family Schedule - EXAMPLE ONLY

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 - 7:00	Get ready for school & work	Get ready for school & work	Get ready for school & work	Get ready for school & work	Get ready for school & work	7:00 - 9:00 Personal Time	7:00 - 5:00 Family Time
7:00 - 7:30	Eat breakfast	Eat breakfast	Eat breakfast	Eat breakfast	Eat breakfast		
7:30 - 7:45	Clean up kitchen	Clean up kitchen	Clean up Kitchen	Clean up kitchen	Clean up kitchen	9:00-11:00 Housecleaning, Lawn work, Home Maintenance	
7:45 - 8:00	Throw in a load of laundry	Throw in a load of laundry	Throw in a load of laundry	Throw in a load of laundry	Throw in a load of laundry		
8:00 - 11:30	Work	Work	Work	Work	Work	11:00-Noon Lunch	
11:30 - 12:00	Errands, phone calls, emails	Errands, phone calls, emails	Errands, phone calls, emails	Errands, phone calls, emails	Errands, phone calls, emails		
12:00 - 12:30	Lunch	Lunch	Lunch	Lunch	Lunch	Noon-2:00 Sports Games/Extra-curricular activities	
12:30 - 4:30	Work	Work	Work	Work	Work		
4:30 - 6:30	Laundry, homework, dinner, extra-curriculars	Laundry, homework, dinner, extra-curriculars	Laundry, homework, dinner, extra-curriculars	Laundry, homework, dinner, extra-curriculars	Laundry, homework, dinner, extra-curriculars	5:00-6:00 Dinner	
6:30 - 7:00	Housecleaning/ de-cluttering	Housecleaning/ de-cluttering	Bills/Budget	Housecleaning/ de-cluttering	Housecleaning/ de-cluttering		
7:00 - 7:30	Get everyone ready for bed	Get everyone ready for bed	Get everyone ready for bed	Get everyone ready for bed	Get everyone ready for bed	2:00 - 6:00 Family time and Homework	6:00-7:00 Pack lunches, sign papers, get organized for next day
7:30 - 8:00	Family Time	Family Time	Family Time	Family Time	Family Time		
8:00 - 8:30	Pack lunches, sign papers, get organized for next day	Pack lunches, sign papers, get organized for next day	Pack lunches, sign papers, get organized for next day	Pack lunches, sign papers, get organized for next day	Pack lunches, sign papers, get organized for next day	6:00-7:00 Dinner	7:00 - 8:30 Get ready for bed, de-cluttering
8:30	Kids in bed	Kids in bed	Kids in bed	Kids in bed	Kids in bed		
8:30 - 9:00	Fold & put away laundry	Fold & put away laundry	Fold & put away laundry	Fold & put away laundry	Fold & put away laundry	7:00-8:30 Get Ready for Bed	
9:00 - 10:00	Personal time	Personal time	Personal time	Personal time	Personal time		
10:00	Bed	Bed	Bed	Bed	Bed	8:30-10:00 Kids in bed@8:30, Personal time	8:30-10:00 Kids in bed@8:30, Personal time

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday