


Daily Routines for Busy Families

A good family routine can be a life saver for many families and their hectic lives. Use these templates and tips to help you craft your family's own unique daily routine

- Do a Brain Dump – Get a handle on all the things you have going on with a good old fashioned brain dump. Just make a master list. Once you have your list, sort them based on your natural family rhythm.
- Write Them Down – Use these templates to write down your routines and place them in a place where you will remember to use them.
- Accommodate Your Family's Natural Rhythm – Your routine is doomed for failure if you don't plan them around your family's natural rhythm. Morning people should have routines that are heavier or more intense in the morning and night owls should have routines that focus on the evening.
- Be Flexible – Your routine will change throughout the year based on your family's schedule and won't be perfect at first. Give them time to evolve and willing to make changes to make them work.

<p>Morning Routine</p>  <p>Unload dishwasher Pack lunches Breakfast dishes Set out frozen items for dinner Sign permission slips Throw in a load of laundry Drop kids off at school Phone calls and emails Run errands</p>	<p>Afternoon Routine</p>  <p>Phone calls and emails Throw laundry in dryer</p>
<p>Evening Routine</p>  <p>Make dinner Help kids with homework Read bedtime stories Help kids get ready for bed Fold laundry Make coffee for next day Set out clothes for next day</p>	

Daily Routines for Busy Families

Morning Routine



Handwriting practice lines for the Morning Routine section, consisting of 15 horizontal dashed lines.

Afternoon Routine



Handwriting practice lines for the Afternoon Routine section, consisting of 15 horizontal dashed lines.

Evening Routine



Handwriting practice lines for the Evening Routine section, consisting of 15 horizontal dashed lines.

Notes

Handwriting practice lines for the Notes section, consisting of 15 horizontal dashed lines.

Daily Routines for Tuesday

Morning Routine



Handwriting practice lines for the Morning Routine section, consisting of 15 horizontal dashed lines.

Afternoon Routine



Handwriting practice lines for the Afternoon Routine section, consisting of 15 horizontal dashed lines.

Evening Routine



Handwriting practice lines for the Evening Routine section, consisting of 15 horizontal dashed lines.

Notes

Handwriting practice lines for the Notes section, consisting of 15 horizontal dashed lines.

Daily Routines for Wednesday

Morning Routine



Lined writing area for the Morning Routine, consisting of 15 horizontal lines.

Afternoon Routine



Lined writing area for the Afternoon Routine, consisting of 15 horizontal lines.

Evening Routine



Lined writing area for the Evening Routine, consisting of 15 horizontal lines.

Notes

Lined writing area for Notes, consisting of 15 horizontal lines.

Daily Routines for Thursday

Morning Routine



Lined writing area for the Morning Routine, consisting of 18 horizontal lines.

Afternoon Routine



Lined writing area for the Afternoon Routine, consisting of 18 horizontal lines.

Evening Routine



Lined writing area for the Evening Routine, consisting of 18 horizontal lines.

Notes

Lined writing area for Notes, consisting of 18 horizontal lines.

Daily Routines for Friday

Morning Routine



Lined writing area for the Morning Routine, consisting of 15 horizontal dashed lines.

Afternoon Routine



Lined writing area for the Afternoon Routine, consisting of 15 horizontal dashed lines.

Evening Routine



Lined writing area for the Evening Routine, consisting of 15 horizontal dashed lines.

Notes

Lined writing area for Notes, consisting of 15 horizontal dashed lines.

Daily Routines for Saturday

Morning Routine



Lined writing area for the Morning Routine, consisting of 15 horizontal dashed lines.

Afternoon Routine



Lined writing area for the Afternoon Routine, consisting of 15 horizontal dashed lines.

Evening Routine



Lined writing area for the Evening Routine, consisting of 15 horizontal dashed lines.

Notes

Lined writing area for Notes, consisting of 15 horizontal dashed lines.

Daily Routines for Sunday

Morning Routine



Lined writing area for the Morning Routine, consisting of 15 horizontal lines.

Afternoon Routine



Lined writing area for the Afternoon Routine, consisting of 15 horizontal lines.

Evening Routine



Lined writing area for the Evening Routine, consisting of 15 horizontal lines.

Notes

Lined writing area for Notes, consisting of 15 horizontal lines.